

A to Z of fundraising ideas

Auction of promises Try to get people to donate a gift, the promise of their time or use of their belongings.

Aerobics If you enjoy keeping fit, why not get people to sponsor you over a certain time.

Abseil Get that adrenalin racing with an abseil.

Afternoon tea Organise a fundraising afternoon tea for colleagues or friends.

Birthday Is it a big birthday? Why not ask friends and family to donate to Eddie's rather than receiving presents.

Barbecue Hold a charity barbecue and charge people to come.

Book sale Dig out all those old books and have a book sale at home or at work.

Baked bean bath Get sponsored to spend an hour in a bath of beans!

Cakes Who doesn't love cake?! Bake away and sell to colleagues, family and friends.

Coffee morning Get all friends together and have a coffee morning.

Car wash Ask everyone in your street or office if you can wash their car for a fee.

Disco Organise a disco or 70's night - with fancy dress!

Dress down day Ideal if you work in an office environment where your colleagues might be keen for an opportunity to work in jeans.

Event Organise an event – a show, party, quiz to raise funds.

Football tournament Get teams to play against each other or have a go at beating the goalie.

Golf tournament Organise a charity golf day.

Garden party Plant sales and open gardens are a great way to raise funds.

Games night Twister, Jenga, Team Trivial Pursuit. Pay to enter.

Head shave A popular fundraising event sure to pull in the £££.

Hike Set yourself a challenge or take part in an organised event.

It's a Knockout A brilliant corporate fundraising challenge.

Jumble sale People love a good rummage and it's always a good fundraiser.

Karaoke night Ask a local pub to host a Karaoke night for you and charge people to take part.

Lunchtime quiz Stimulate the mind before heading back for the afternoon slog. Get together teams and charge to take part.

Marathon events Running, cycling, dancing, yoga – it could be anything but will definitely get people donating!

Night in Stay in on a Saturday night and donate the money you save to Eddie's.

Neighbours Offer to wash their windows, mow the lawn or throw a street party (if it's big and in the street, do get council authorisation). Charge admission.

Open day If you have a colourful garden, let all those garden lovers come and admire, for a charge.

Pancake Day Get flipping for a donation.

Pound day Ask your colleagues to each bring a pound into work in aid of the charity.

Quiz nights are always a favourite whether it is at home at work, in a club or in your local. Charge people to take part. Great for team bonding too.

Raffle Get some raffle tickets and persuade your friends and colleagues to donate prizes.

Run There are tons of charity runs around. Speak to us and we'll help you find the right one for you.

Sponsored events Bike ride, walk, silence, swim, skydive, slim, head shave.

Treasure hunt A challenge event for people, and a fun way to raise big money.

Unwanted and unused gifts Ask friends, family and colleagues: use for prizes or car boot sale.

Valet service Offer to clean cars inside and out for all your family, friends and colleagues.

Walk Set yourself a challenge or take part in an organised event.

Wedding Ask friends and family to donate to Eddie's rather than receiving presents.

Walkies Dog walking for donations.

X-Factor Arrange your own talent contest, or arrange a sweepstake for one on TV!

Yoga evening Get flexible with your friends and raise money for Eddie's.

Zumba Get those feet moving for a sponsored Zumba-thon!

For more ideas and support please contact fundraising@eddies.org.uk